



Canada Prenatal  
Nutrition Program

## 2011 Calendar of Special Days



Community Action Program  
for Children

<b>January</b>	16-22	Nat'l Non-Smoking Week	<a href="http://www.nnsw.ca/">http://www.nnsw.ca/</a> <a href="http://www.smokershelpline.ca/">http://www.smokershelpline.ca/</a> <a href="http://nnsw.ca/events/weedless-wednesday">http://nnsw.ca/events/weedless-wednesday</a>
	19	Weedless Wednesday	<a href="http://abclifeliteracy.ca/en/family-literacy-day">http://abclifeliteracy.ca/en/family-literacy-day</a>
	27*	Family Literacy Day	<a href="http://abclifeliteracy.ca/en/family-literacy-day">http://abclifeliteracy.ca/en/family-literacy-day</a>
<b>February</b>		<b>Nat'l Heart Month</b>	<a href="http://www.heartandstroke.com">www.heartandstroke.com</a>
	6-12	Eating Disorders Awareness Week	<a href="http://www.hopewell.ca/en/event/eating-disorders-awareness-week-2011">http://www.hopewell.ca/en/event/eating-disorders-awareness-week-2011,</a> <a href="http://www.nedic.ca/">www.nedic.ca/</a> <a href="http://www.cfsh.ca/Your_Sexual_Health/">www.cfsh.ca/Your_Sexual_Health/</a>
	12*	Sexual and Reproductive Health Awareness Day	
	20-26	Freedom to Read Week	<a href="http://www.freedomtoread.ca/freedom_to_read_week/index.asp">http://www.freedomtoread.ca/freedom_to_read_week/index.asp</a> <a href="http://www.hc-sc.gc.ca/fn-an/index-eng.php">http://www.hc-sc.gc.ca/fn-an/index-eng.php</a>
<b>March</b>		<b>Nat'l Nutrition Month</b>	
	8*	Int'l Women's Day	<a href="http://www.internationalwomensday.com/">www.internationalwomensday.com/</a>
	13-19*	Nat'l Farm Safety Week	<a href="http://www.casa-acsa.ca/english/">http://www.casa-acsa.ca/english/</a>
	15	Int'l Social Work Day	<a href="http://www.casw-acts.ca/">http://www.casw-acts.ca/</a>
	14-20	Brain Awareness Week	<a href="http://biac-aclc.ca/en/">http://biac-aclc.ca/en/</a>
	20-26	Poison Prevention Week	<a href="http://www.poisonprevention.org/poison.htm">http://www.poisonprevention.org/poison.htm</a>
<b>April</b>	21*	World Down Syndrome Day	<a href="http://www.worlddownsyndromeday.org/">www.worlddownsyndromeday.org/</a> <a href="http://www.cancer.ca/Canada-wide.aspx?sc_lang=en">http://www.cancer.ca/Canada-wide.aspx?sc_lang=en</a>
		<b>Nat'l Cancer Month</b>	
		<b>Oral Health Month</b>	<a href="http://www.cda-adc.ca/en/cda/news_events/health_month/index.asp">http://www.cda-adc.ca/en/cda/news_events/health_month/index.asp</a>
	2*	World Autism Awareness Day	<a href="http://www.worldautismawarenessday.org">http://www.worldautismawarenessday.org</a>
	7*	World Health Day	<a href="http://www.who.int/world-health-day/en/">http://www.who.int/world-health-day/en/</a>
	10-16	Nat'l Dental Hygienists Week	<a href="http://www.cdha.ca/AM/Template.cfm?Section=DH_Week&amp;Template=/CM/HTMLDisplay.cfm&amp;ContentID=5158">http://www.cdha.ca/AM/Template.cfm?Section=DH_Week&amp;Template=/CM/HTMLDisplay.cfm&amp;ContentID=5158</a>
	10-16	Nat'l Volunteer Week	<a href="http://volunteer.ca/home">http://volunteer.ca/home</a>
	23-30	Nat'l Immunization Awareness Week	<a href="http://www.immunize.cpha.ca/en/events/niaw.aspx">http://www.immunize.cpha.ca/en/events/niaw.aspx</a> <a href="http://www.casipa.ca/english/resources/maymonth.asp">www.casipa.ca/english/resources/maymonth.asp</a>
<b>May</b>		<b>Speech and Hearing Awareness Month</b>	
	1-7*	Nat'l Summer Safety Week	<a href="http://safety-council.org/campaigns/national-summer-safety-week-2011/">http://safety-council.org/campaigns/national-summer-safety-week-2011/</a>
	1-7	Nat'l Mental Health Week	<a href="http://www.cmha.ca/bins/content_page.asp?cid=6-361">http://www.cmha.ca/bins/content_page.asp?cid=6-361</a>
	6	World Asthma Day	<a href="http://www.ginasthma.com/WADIndex.asp">www.ginasthma.com/WADIndex.asp</a>
	10*	WHO, Move for Health Day	<a href="http://www.who.int/moveforhealth/countries/en/">http://www.who.int/moveforhealth/countries/en/</a>
	12*	Canada Health Day	<a href="http://www.cha.ca">www.cha.ca</a>
	15	Int'l Day of Families	<a href="http://www.un.org/esa/socdev/family/IDF.html">http://www.un.org/esa/socdev/family/IDF.html</a>
	28*	Nat'l Multiple Births Awareness Day	<a href="http://www.multiplebirthscanada.org/english/awareness.php">www.multiplebirthscanada.org/english/awareness.php</a>
	31	World No-Tobacco Day	<a href="http://www.who.int/mediacentre/events/annual/wntd/en/index.html">http://www.who.int/mediacentre/events/annual/wntd/en/index.html</a>
<b>June</b>		<b>Stroke Awareness Month</b>	
	6-12	Nat'l Sun Awareness Week	<a href="http://www.dermatology.ca/sap/index.html">http://www.dermatology.ca/sap/index.html</a>
	21	Nat'l Aboriginal Day	<a href="http://www.ainc-inac.gc.ca/ach/ev/nad/index-eng.asp">http://www.ainc-inac.gc.ca/ach/ev/nad/index-eng.asp</a>
	26*	Int'l Day Against Drug Abuse and Illicit Trafficking	<a href="http://www.un.org/en/events/drugabuseday/">http://www.un.org/en/events/drugabuseday/</a>

\*indicates same day each year

Compliments of Social Marketing and Communications Committee, Ontario Coalition of CAPC/CPNP Projects

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<b>August</b>	1-7	World Breastfeeding Week	<a href="http://www.who.int/mediacentre/events/annual/world_breastfeeding_week/en/index.html">http://www.who.int/mediacentre/events/annual/world_breastfeeding_week/en/index.html</a>
	9*	Int'l Day of the Indigenous People	<a href="http://www.un.org/en/events/indigenousday/">http://www.un.org/en/events/indigenousday/</a>
	12*	Int'l Youth Day	<a href="http://www.un.org/esa/socdev/unyin/iyouthday.htm">www.un.org/esa/socdev/unyin/iyouthday.htm</a>
<b>September</b>		<b>Ovarian Cancer Month</b>	<a href="http://www.ovariancanada.org/">http://www.ovariancanada.org/</a>
	8*	Int'l Literacy Day	<a href="http://www.unesco.org/en/literacy/advocacy/international-literacy-day/">www.unesco.org/en/literacy/advocacy/international-literacy-day/</a>
	9*	Fetal Alcohol Syndrome (FASD) Awareness Day	<a href="http://www.phac-aspc.gc.ca/hp-ps/dca-dea/prog-ini/fasd-etcaf/index-eng.php">http://www.phac-aspc.gc.ca/hp-ps/dca-dea/prog-ini/fasd-etcaf/index-eng.php</a>
	10*	World Suicide Prevention Day	<a href="http://www.iasp.info/">http://www.iasp.info/</a>
	11	Nat'l Grandparent's Day	<a href="http://www.grandparents.com/gp/topics/national-grandparents-day.html">http://www.grandparents.com/gp/topics/national-grandparents-day.html</a>
	18-24	TV Turn Off Week	<a href="http://unplugyourkids.com/turnoff-week/">http://unplugyourkids.com/turnoff-week/</a>
	26	Nat'l Family Day "A day to eat dinner with your children"	<a href="http://casafamilyday.org/familyday/">http://casafamilyday.org/familyday/</a>
<b>October</b>		<b>Autism Awareness Month</b>	<a href="http://www.autismsocietycanada.ca/index_e.html">www.autismsocietycanada.ca/index_e.html</a>
		<b>Breast Cancer Awareness Month</b>	<a href="http://www.cbcf.org/en-US/home.aspx">http://www.cbcf.org/en-US/home.aspx</a>
		<b>Eye Health Month</b>	<a href="http://www.opto.ca">www.opto.ca</a>
		<b>Influenza Immunization Awareness Month</b>	<a href="http://www.phac-aspc.gc.ca/im/index-eng.php">www.phac-aspc.gc.ca/im/index-eng.php</a>
		<b>Learning Disabilities Awareness Month</b>	<a href="http://www.ldonline.org/calendar/ld">http://www.ldonline.org/calendar/ld</a>
		<b>SIDS Awareness Month</b>	<a href="http://www.sidscanada.org/">www.sidscanada.org/</a>
		<b>CAPC/CPNP Annual Conference</b>	<a href="http://www.realhelp.ca/">http://www.realhelp.ca/</a>
	7	World Smile Day	<a href="http://www.worldsmileday.com/">http://www.worldsmileday.com/</a>
	1-7	Nat'l Breastfeeding Week	<a href="http://www.infactcanada.ca/">http://www.infactcanada.ca/</a>
	2-8	Mental Illness Awareness Week	<a href="http://www.miaaw.ca/en/default.aspx">www.miaaw.ca/en/default.aspx</a>
3-9	Fire Prevention Week	<a href="http://www.fipreca.ca/">www.fipreca.ca/</a>	
10*	World Mental Health Day	<a href="http://www.who.int/mediacentre/events/annual/world_mental_health_day/en/index.html">http://www.who.int/mediacentre/events/annual/world_mental_health_day/en/index.html</a>	
16*	World Food Day	<a href="http://www.fao.org/">www.fao.org/</a>	
17*	Int'l Day for the Eradication of Poverty	<a href="http://www.un.org/esa/socdev/social/intldays/IntlDay/index.html">http://www.un.org/esa/socdev/social/intldays/IntlDay/index.html</a>	
<b>November</b>		<b>C.P.R. Awareness Month</b>	<a href="http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.6301495/k.940B/CPRguidelines.htm">http://www.heartandstroke.com/site/c.ikiQLcMWJtE/b.6301495/k.940B/CPRguidelines.htm</a>
		<b>Diabetes Month</b>	<a href="http://www.diabetes.ca/">www.diabetes.ca/</a>
	1-7*	Nat'l Down Syndrome Awareness Week	<a href="http://www.cdss.ca/">www.cdss.ca/</a>
	14*	World Diabetes Day	<a href="http://www.worlddiabetesday.org/en/the-campaign/about-wdd">www.worlddiabetesday.org/en/the-campaign/about-wdd</a>
	13-19	Nat'l Addiction Awareness Week	<a href="http://www.nationalantidrugstrategy.gc.ca/index.html">http://www.nationalantidrugstrategy.gc.ca/index.html</a>
16*	Day for Tolerance	<a href="http://www.un.org/en/events/toleranceday/">http://www.un.org/en/events/toleranceday/</a>	
24-30	Nat'l Home Fire Safety Week	<a href="http://safety-council.org/campaigns/national-home-fire-safety-week-2010/">http://safety-council.org/campaigns/national-home-fire-safety-week-2010/</a>	
25*	Int'l Day to End Violence Against Women Canada	<a href="http://www.saynotoviolence.org/">www.saynotoviolence.org/</a> <a href="http://www.whiteribbon.ca/">www.whiteribbon.ca/</a>	
<b>December</b>	3*	Int'l Day of Disabled Persons	<a href="http://www.un.org/disabilities/">www.un.org/disabilities/</a> <a href="http://www.who.int/mediacentre/events/annual/day_disabilities/en/index.html">www.who.int/mediacentre/events/annual/day_disabilities/en/index.html</a>
	6*	Nat'l Day Remembrance & Action on Violence Against Women Canada	<a href="http://www.swc-cfc.gc.ca/dates/vaw-vff/index-eng.html">www.swc-cfc.gc.ca/dates/vaw-vff/index-eng.html</a>

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