

How Do CAPC & CPNP Programs Impact the Health of Canadians?



Reducing Obesity Through Breastfeeding

Newborns who are breastfed for the first six months of life are dramatically less likely to become obese during childhood and youth than formula-fed babies. Obesity can lead to conditions such as stroke, diabetes heart disease and other chronic diseases. **CAPC and CPNP help vulnerable women initiate and continue breastfeeding.**

"I didn't breastfeed my first two kids and I breastfed my second two. Breastfeeding has made the world of difference. I wouldn't do it any other way"

Mother, Special Delivery Club CPNP



For Local Information contact:

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